

## Is Shaklee Really “Too Expensive”?

<u>Brand</u>	<u>Quantity</u>	<u>Dose</u>	<u>Price</u>	<u>Cost/Day</u>
Nature’s Way Alive (Walgreen)	90	3/Day	\$26.99	.89 ½
GNC Multi-Ultra Gold (GNC)	45	2/Day	\$19.99	.89
Nutriline Double X (Amway)	62	2/Day	\$84.70	1.37
Rainbow Lite (Rainbow Light)	120	2-4/Day	\$37.99	.63 -1.26
Solaray-Spectra (Drugstore.com)	250	6/Day	\$27.99	.67
Earth Source (Vitaminshoppe.com)	180	3/Day	\$45.44	.75
Schiff Mega Red	60	1/day	\$31.69	.52
<b>Shaklee Vita Lea</b>	<b>240</b>	<b>2/Day</b>	<b>\$40.95</b>	<b>.34 MN</b>
<b>Shaklee Vita Lea Gold</b>	<b>120</b>	<b>2/Day</b>	<b>\$25.95</b>	<b>.43 MN</b>

**Most of these vitamins are *synthetic* and are not back by quality control. Shaklee has proven viability and efficacy through **THE LANDMARK SCIENTIFIC DOUBLE BLIND STUDY** done by the University of California, Berkeley, School of Public Health.**

“Usage patterns, health, and nutritional status of long-term multiple dietary supplement users: a cross-sectional study was published in Nutrition Journal, an online peer-reviewed scientific journal on October 24, 2007.

And the results are stunning! Long-term dietary supplement use was consistently associated with more favorable blood levels of important nutrients and key heart health biomarkers. More importantly, long-term users of multiple dietary supplements generally reported lower prevalence of disease in self-reported health conditions including elevated blood pressure and diabetes, when compared to single multivitamin users and nonusers.

This first-of-its-kind study was conducted on a unique study population using new online data collection methods employed for the very first time in collaboration with renowned nutritional epidemiologist Dr. Gladys Block, from the University of California, Berkeley, School of Public Health.

Information regarding diet and supplement intakes, exercise, and health status was obtained from online questionnaires and on-site physical examinations from 278 long-term Shaklee multiple dietary supplement consumers. Data for 602 matched nonusers and 176 single multivitamin supplement users was obtained from the Nationwide Health and Nutrition Examination Survey (NHANES) the largest and longest running national health and nutrition survey, sponsored by the National Center for Health Statistics”.

\*Date collected April 2014